

# KEY TIMES TO WEAR A CLOTH FACE COVER



- ✓ Out in public
- ✓ Sick and interacting with others at home
- ✓ Caring for someone sick at home

Cloth face coverings should **NOT** be worn by:

- Children under age 2
- Anyone who has trouble breathing
- Anyone who can't take off the cover without help from another person (e.g., if someone is unconscious or paralyzed)

Your cloth face cover may help protect others. Their cloth face cover may protect you.

[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

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